Safeguarding Adults Awareness Week 2019 - What can you do?

Day 1: Monday 18th November

Adverse Childhood Experiences (ACEs)

Find out what you can do to help homeless people - whether it is offering your time, giving practical items, making a donation or helping to change policies - there is lots you can do to make a difference.

Here are some ways you can get involved and support people experiencing, or at risk of, homelessness:

- **See people not labels** - so many people experiencing homelessness feel isolated; speaking to someone in need could make a real difference to their day.
- **If someone is already homeless** - encourage them to [contact the local authority](http://www.manchester.gov.uk) who may be able to help them find suitable temporary accommodation or private rented sector properties.
- **Support people to contact organisations** who offer various services for homeless people and those at risk of becoming homeless - find out more at [www.manchester.gov.uk](http://www.manchester.gov.uk)
- **Reach out for support** - if you are concerned about a friend or family member then please ask for support - visit [www.manchester.gov.uk](http://www.manchester.gov.uk)
- **Support Big Change MCR** - giving money directly to the homeless doesn’t help people long-term - support the work of [Big Change MCR](http://www.manchester.gov.uk) to provide real, long-term solutions.
- **Give help** by donating spare items or funds - support organisations always need items, from hot drink supplies to IT equipment; visit [streetsupport.net/give-help](http://www.manchester.gov.uk) or [bedeverynight.co.uk](http://www.manchester.gov.uk) to find out how to help.
- **Register as a volunteer** - offer your skills and resources to an organisation near you such as [streetsupport.net](http://www.manchester.gov.uk) or [www.boothcentre.org.uk](http://www.manchester.gov.uk) or [www.coffee4craig.com](http://www.manchester.gov.uk)
- **Keep in touch** - keep up to date with the work of these local support services by subscribing to their newsletter or following them on social media.
- **Get your business involved** - by supporting the movement to end homelessness, you can play a key role in supporting charities and volunteer groups, and help to change policy - visit [www.greatermanchester-ca.gov.uk](http://www.manchester.gov.uk) or [streetsupport.net/give-help](http://www.manchester.gov.uk) to find out how.

“We make a living be what we get, but we make a life by what we give.”

Winston Churchill

Find out more on the MSP website at [www.manchestersafeguardingpartnership.co.uk](http://www.manchester.gov.uk)